

Tips & Tricks

Roll the client to at least 90 degrees before putting the J-RO EZ Rest into position. This will ensure the J-RO EZ Rest is placed between the shoulders and small of back for optimal positioning.

Cross the top leg over the bottom, this will keep the hips from rolling back.

Before inserting the J-RO EZ Rest, move the client to one side of the bed, this allows enough room to turn the client onto their side.

Ensure the bottom sheet is wrinkle free, this will give you a flat surface that will keep the J-RO EZ Rest from moving.

Do not use the J-RO EZ Rest on top of a slippery draw sheet. The J-RO EZ Rest will not stay in place, as it is sitting on a slippery surface.

Keep the J-RO EZ Rest within arm's reach, so that once the client is on their side you can easily slide it in behind them.

Make sure that the wedge is firmly pressed into clients back, and hold in place when you roll the client back onto the J-RO EZ Rest, so that the weight is distributed evenly. This is another way to ensure that the J-RO EZ Rest does not move out of position.

When using the J-RO EZ Rest with an aggressive client, the second person providing care should move down to the clients' legs, this increases the safety for both client and user.